

ON GOING WEEKLY AND MONTHLY EVENTS

Folsom History Museum Presents “Women of the West”


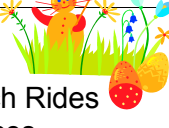
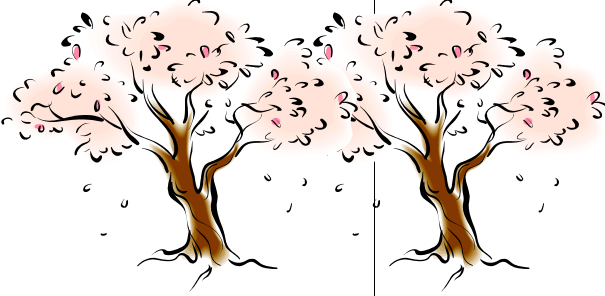
**On Monday, April 9, at 1:30
pm in the Recreation Room.**

**Step back in time with the help
of a costumed docent. Using
authentic artifacts the docent
tells the story of hardships and
influences. Step into the shoes
of the women of the west and
find out what their life was
really like.**



- **Chair Exercise** Mon-Thur. & Sat at 11:00
- **Arts & Crafts** Every other Monday at 1:00
- **Bingo** Tuesday & Thursday at 1:00
- **Donuts & Coffee** Every Wednesday at 8:00
- **Pinochle** Tuesday & Thursday at 1:00
- **Happy Hour** Every Wednesday at 4:00

- **Jeanne The Atrium Reader** Every Thursday at 10:00
- **Bible Study** with Juliana Every Thursday at 6:00
- **Coffee w/Friends** Every Friday 9:30
- **Bible Study w/Pastor Bob** Friday at 10:00
- **Catholic Services** Friday at 11:00
- **Feature Film** Monday, Friday, and Saturday showings at 6:00
- **Scrabble Game** Saturday at 1:00
- **Church Rides** Sunday starting at 9:30

<p>1 9:45 till 12:00 Church Rides 10:00 Church Services 11:30-1:00 Champagne Brunch 6:00 Pinochle (G)</p> <p>Palm Sunday</p> 	<p>2 Name Tag Day 11:00 Chair Exercise (F) 1:00 Arts & Crafts w/Susan (R) 6:00 Movie Night "The Big Year"</p>	<p>310:00 Resident Council Meeting 11:00 Chair Exercise (F) 1:00 Pinochle / Bingo (R) 4:00 Arm Chair Travel:"Mesa Verde National Park"(F) 6:00 Rummikub (G)</p>	<p>4 8:00 Donut's & Coffee 9:30 Grocery Shopping 11:00 Chair Exercise 1:15 Errands/Big L 4:00 Happy Hour</p>
<p>8 Easter</p>  <p>9:45 till 12:00 Church Rides 10:00 Church Services <u>11:30-1:00 Easter Brunch</u> 6:00 Pinochle (G)</p>	<p>9 Name Tag Day 10:00 Activity Meeting (R) 11:00 Chair Exercise (F) <u>1:30 Folsom History Museum Presentation of "Women of the West" (R)</u> 6:00Movie Night "Howards End"</p>	<p>10 11:00 Chair Exercise (F) 1:00 Bingo (R) 1:00 Pinochle (L) 4:00 Arm Chair Travel:"King Tut"(F) 6:00 Rummikub (G)</p>	<p>11 8:00 Donut's & Coffee 9:30 Grocery Shopping 11:00 Chair Exercise 1:15 In-service w/Therapy 1:15 Errands/Kohl's 4:00 Happy Hour v. Greene (F)</p>
<p>15 9:45 till 12:00 Church Rides 10:00 Church Services 11:30-1:00 Champagne Brunch <u>1:30 Crocker Art Museum</u> 6:00 Pinochle (G)</p>	<p>16 Name Tag Day 11:00 Chair Exercise (F) 1:00 Movie Matinee-movie to be announced 6:00 Movie Night" What If" (F)</p>	<p>17 11:00 Chair Exercise (F) 1:00 Pinochle (L) 1:00 Bingo (R) 4:00 Arm Chair Travel:" Super Cities-Berne & Lucerne"(F) 6:00 Rummikub (G)</p>	<p>18 8:00 Donut's & Coffee 9:30 Grocery Shopping 11:00 Chair Exercise 12:00 Birthday Luncheon 1:15 Errands/Targ 4:00 Happy Hour</p>
<p>22 9:45 till 12:00 Church Rides 10:00 Church Services 11:30-1:00 Champagne Brunch 6:00 Pinochle (G)</p>	<p>23 Name Tag Day 11:00 Chair Exercise (F) 1:00 Arts & Crafts w/Susan (R) <u>4:30 Out to Dinner at La Boheme</u> 6:00 Movie Night " Mrs. Brown (F)</p>	<p>24 11:00 Chair Exercise (F) 1:00 Bingo/ Pinochle (G) 2:00 In-service w/Capitol Physical Therapy (F) 4:00 Arm Chair Travel:"A Guide To Athens" (F) 6:00 Rummikub (G)</p>	<p>25 8:00 Donut's & Coffee <u>9:00 Blood Pressure</u> 9:30 Grocery Shopping 11:00 Chair Exercise 1:15 Errands/Sun 1:15 Township Me 4:00 Happy Hour v Gardner (F)</p>
<p>29 9:45 till 12:00 Church Rides 10:00 Church Services 11:30-1:00 Champagne Brunch 6:00 Pinochle (G)</p>	<p>30 Name Tag Day 11:00 Chair Exercise (F) 1:00 Scrabble with Susan (F) 6:00Movie Night : " Their Eyes Were Watching God"</p>		

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<p>offee (F) pping ise / Banking ots with Susan (F)</p>	<p>5 11:00 Chair Exercise (F) 11:00Jeanne the Atrium Reader 1:00 Bingo (R) 1:00 Pinochle (F) 2:00 Root Beer Floats (R) 6:00 Bible Study w/ Juliana (R)</p>	<p>6 9:30 Coffee with Friends (D) 10:00 Assistance League (R) 10:00 Bible Study w/Pastor Bob 11:00 Mass (L) 1:00 Ship, Captain & Crew 1:15 Art Class w/Marie-Water Colors (R) 6:00 Movie Toast"</p>	<p>7 11:00 Chair Exercise (F) 1:00 Scrabble (F) 6:00 Movie: Resident's Choice (F)</p>
<p>& Coffee (F) pping ise / Banking Capitol Physical s with Robert</p>	<p>12 11:00 Chair Exercise (F) 11:00Jeanne the Atrium Reader 1:00 Bingo (R) 1:00 Pinochle (F) 6:00 Bible Study w/ Juliana (R)</p>	<p>13 9:30 Coffee with Friends (D) 10:00 Bible Study w/Pastor Bob 11:00 Communion (L) 11:00 Lunch Bunch at Danielle's Creperie 1:00 Ship, Captain & Crew (D) 6:00 Movie: "Captain America"</p>	<p>14 11:00 Chair Exercise (F) 1:00 Scrabble (F) 6:00 Movie: Resident's Choice (F)</p>
<p>offee (F) pping ise / Banking ncheon et with Julian (F)</p>	<p>19 11:00 Chair Exercise (F) 11:00Jeanne the Atrium Reader 1:00 Bingo (R) 1:00 Pinochle (F) 6:00 Bible Study w/Juliana (R)</p>	<p>20 9:30 Coffee with Friends (D) 10:00 Bible Study w/Pastor Bob 11:00 Communion (L) 1:00 Ship, Captain &Crew (D) 6:00 Movie: "The Horse Whisperer"</p>	<p>21 11:00 Chair Exercise (F) 1:00 Scrabble (F) 6:00 Movie: Resident's Choice (F)</p>
<p>& Coffee (F) sure Checks pping ise / Banking ise Mall eting (F) with Bill</p>	<p>26 11:00 Chair Exercise (F) 11:00 Jeanne the Atrium Reader 1:00 Pinochle (F) 1:00 Bingo (R) 6:00 Bible Study w/Juliana (R)</p>	<p>27 E-Waste Pick Up Day 9:30 Coffee with Friends (D) 10:00 Bible Study w/Pastor Bob 11:00 Fire Alarm Test 11:00 Communion (L) 11:00 Thunder Valley Casino 1:00 Ship, Captain & Crew (D) 6:00 Movie: " We Bought A Zoo"(F)</p>	<p>28 11:00 Chair Exercise (F) 1:00 Scrabble (F) 6:00 Movie: Resident's Choice (F)</p>
			<p>Location of Events Legend (R) = Recreation Room (F) = Fireside Room (G) = Game Room (L) = Library (D) Dining Room</p>

April Activities and Outings

April 2, Arts & Crafts

April 3, Resident Council Meeting

April 5, Bingo & Root Beer Floats

April 6, Art Class with Marie-Watercolors

April 9, Activity Meeting

April 11, Happy Hour with Robert Greene

April 11, In-Service with Capitol Physical Therapy

April 13, Lunch Bunch at Danielle's Creperie

April 15, Trip to Crocker Art Museum

April 18, Happy Hour with Julian

April 18, Birthday Luncheon

April 23, Dinner Out at La Boheme

April 27, Trip to Thunder Valley Casino

April 27, E-Waste Recycling Day

A NOTE FROM THE ACTIVITY DIRECTOR

There have been concerns about the volume during a movie in the Fireside Room. The volume control will be set at one setting and the remote control will not be available. The goal is to encourage everyone to enjoy a good movie with others. Thank you for your cooperation. If you have any questions my door is always open.

Susan Hack, Activity Director

The Atrium of Carmichael Staff

Tonae Hasik - Executive Director

Carol Toomey- Business Director

Mary Ann Jordan-Sales Director

Jonathan Quiambao- Food Service Director

Susan Hack- Activity Director

Travis Chilton- Maintenance Director